Sports Activities for Youth and Teens



Youth Sports Timeline					
Sport	Fall	Winter	Spring	Summer	
Boys Baseball	Χ				
Boy's Baseball Camps	Х				
Girl's Softball	Χ		Х		
Girl's Softball Camps		Х			
Basketball		Х			
Flag Football	Χ				
Tennis	Χ	Х	Х	X	
Wrestling Camps		Х		Х	
Weight Lifting				X	

Junior Golf Program 480-350-5200

Challenge Clinics

For ages 6-17 years. PGA professionals tailor instruction to fit each individual. Fee of \$5 per session includes instruction, range balls and tees. If you have golf clubs, bring them; if you don't, we have clubs to loan. Each clinic is open to all levels of ability.

Topics to be covered during each session:

GOLF 1A & 2A Swing basics, grip, ball position, stance,

GOLI IA & ZA	woods
GOLF 3A & 4A	Swing basics, chipping, pitching and
	putting
GOLF 5A & 6A	Swing basics, grip, ball position, stance 7-9 irons
GOLF 8A & 9A	Swing basics, course etiquette & rules
	3-6 irons
GOLF 1B & 2B	Swing basics, grip, ball position, stance woods
GOLF 3B & 4B	Swing basics, chipping, pitching and putting

Pre-registration required.

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GOLF-1A Clinic	Sa	12/20	1:30-2:30pm	KMGC
GOLF-2A Clinic	Sa	12/20	2:30-3:30pm	KMGC
GOLF-3A Clinic	Sa	1/24	1:30-2:30pm	KMGC
GOLF-4A Clinic	Sa	1/24	2:30-3:30pm	KMGC
GOLF-5A Clinic	Sa	2/14	1:30-2:30pm	KMGC
GOLF-6A Clinic	Sa	2/14	2:30-3:30pm	KMGC
GOLF-7A Tourny	Th	3/11	TBA	
GOLF-8A Clinic	Sa	3/13	1:30-2:30pm	KMGC
GOLF-9A Clinic	Sa	3/13	2:30-3:30pm	KMGC
GOLF-1B Clinic	Sa	4/17	1:30-2:30pm	KMGC
GOLF-2B Clinic	Sa	4/17	2:30-3:30pm	KMGC
GOLF-3B Clinic	Sa	5/15	1:30-2:30pm	KMGC
GOLF-4B Clinic	Sa	5/15	2:30-3:30pm	KMGC

Sports for Tots 480-350-5201-Children get the opportunity to develop gross motor skills through a variety of activities. Use our gym and it's equipment for a fun hour of recreational activities. Parents can interact with their children in a safe environment. 4 weeks. Fee: \$8.

1/20-2/10 9:30-10:30am KRC KSFT-1A 2-4yrs KSFT-2A 2-4yrs Th 2/19-3/11 9:30-10:30am KRC

YouthFest 3-on-3 Basketball Tournament-Come and show off your skills at this recreational basketball tournament. There will be two grade divisions offered: 6-7gr, 8-9gr. A boys and girls division will be offered for each grade. Games will be played the week of Feb 23rd. Final games will be played on the day of YouthFest, Feb 28, 2004. Fee: \$10 per team. All games will be played at Kiwanis Recreation Center. For more information call 480-350-5753

YouthFest Hot Shot Contest-This contest is for girls and boys ages 8-9. Each participant will have one minute to shoot as many shots as possible from designated areas on the court. Each area will have a different point value. There will be prizes for the top girl and boy shooter. Tournament will take place at Kiwanis Recreation Center during YouthFest, February 28, 2004. Fee: None. Pre-registration is required. For more information call 400 350 5752 is required. For more information call 480-350-5753

YouthFest Volleyball Tournament-Come out and play some volleyball on February 28 during our YouthFest Celebration. For more information call 480-350-5788.

"All City" Small Ball Basketball-Winter Program Grades K-3, Boys & Girls-480-350-5200- This non-competitive environment is a great way for your child to be introduced or to continue their progress in the fun sport of basketball. Make new friends, have fun, get a little exercise, have fun, did we mention HAVE FUN! Your child will be taught the basics of shooting, ball handling, defense and passing. Each week City staff will conduct a half-hour practice, followed by a half-hour game/scrimmage. Practices/games will be held on Saturdays at local elementary schools or City recreation centers. Fee: \$45. Registration ends 2 weeks into the program or sooner if program fills. enough 3rd grade boys/girls register they will have their own league. 4th graders should register for the 4th/5th grade league below.

BASK-1A	Boys & Girls	gr. K & 1	Sa	1/24-3/6
BASK-2A	Girls	gr. 2 & 3*	Sa	1/24-3/6
BASK-3A	Boys	gr. 2 & 3*	Sa	1/24-3/6

"All City" Elementary League Basketball - Winter Program Grades 4 & 5, Boys & Girls-480-350-5200-Emphasis is on participation and basic basketball fundamentals and having FUN. Everyone plays at least half the game!!! Games are played on weeknight evenings (6 or 7 p.m. start times) or Sat mornings in the City's recreation centers or local school gyms. Practices are held on outdoor basketball courts at local elementary schools or parks at the volunteer coaches' convenience. Teams are formed according to local school boundaries. Players are assigned to teams if more than one team per school exists. Parents are encouraged to coach. Fee: \$50. Mail-in registration ends Jan 9th or sooner if program fills so register early. BASK-4A Girls gr. 4 & 5* M-Th or Sa wks of 1/20-3/6 BASK-5A Boys gr. 4 & 5* M-Th or Sa wks of 1/20-3/6

"All City" Middle School League Basketball Winter Program Grades 6, 7 & 8, Boys & Girls-480-350-5200 This program is conducted under the same philosophy of the very popular Elementary leagues. Each player is guaranteed to play half of the game. Under this philosophy, participation, skill development and fun are emphasized. Games are played on Saturday Mornings or weekday evenings either at 7 or 8 PM (done by 9 PM) at local middle schools or City recreation centers. Practices are held at local schools during the week. Teams are formed according to local school boundaries. Players are assigned to teams if more than one team per school exists. No games are played over the holidays. Parents are encouraged to coach. Fee: \$50. Mail-in registration ends Jan 9th or when teams fill so register early.

BASK-6A Girls gr. 6 M-Th or Sa weeks of 1/20-3/6 BASK-7A Boys gr. 6 M-Th or Sa weeks of 1/20-3/6 BASK-8A Girls gr. 7 & 8 M-Th or Sa weeks of 1/20-3/6 BASK-9A Boys gr. 7 & 8 M-Th or Sa weeks of 1/20-3/6

480-350-5200

See page 2 for Code of Locations and Abbreviations

"All City" COMPETITIVE Basketball, Grades 7th- 8th, Boys-This league is designed for basketball players in the 7th and 8th grades who desire a more competitive setting. Registration is by teams (teams provide their own coach). Seven weeks of play will provide one game per week beginning the week of March 22nd A post season tournament will follow the seven week regular season schedule. Team entry fee: \$245 (per team of 10 players)

Registration for COMPETITIVE BASKETBALL PROGRAM (Gr. 8-12)

Register at the Parks and Recreation office, Monday-Friday,

O AIVI-3 FIVI OII (I	ie following dates.
2/9 & 10	70% or more Tempe Residents
2/11 & 12	50% or more Tempe Residents
2/16 & 17	25% or more Tempe Residents
2/18	Open to any team

For additional information and team registration materials, contact Shane Isabell at 480-350-5222

"All City" Boys High School Basketball, Grades 9th-12th, Boys-This league is designed for current high school age boys who desire to play organized basketball. Participants sign up as a team or as individuals in which case the City will assign teams. Players 18 years of age or younger and currently enrolled in high school may participate in the league. League is limited to 16 teams divided into two divisions. Fee: \$245 per team or \$45 per individual.

Season 1 begins the week of January 20 providing there are 6 teams registered.

Season 1 is for those players interested in playing but not currently on the local high school team (Varsity, Junior Varsity, or Freshman team per AIA Rule)

Season 2 begins the week of March 22nd (after the high school season ends)

Games are played Monday-Thursday evenings at Tempe area gyms. Registration begins February is underway at the Parks and Recreation office.

For additional information and team registration material,s contact Shane Isabell at 480-350-5222

Holiday Programs

All City Holiday Wrestling Clinic 480-350-5267-Clinic is structured to teach all participants the basics of wrestling. Other equally important objectives are teaching the values of hard work, honest effort, sportsmanship and respect. The clinic will conclude with a tournament on Friday. Instruction provided by Dave Vibber, Varsity coach of Corona del Sol. Fee: \$30

WRES1A	Gr. 1-3	12/29-1/2	9am	CDS
WRES2A	Gr. 4-6	12/29-1/2	10am	CDS
WRES3A	Gr. 7-8	12/29-1/2	11am	CDS

Baseball/Softball Registration

Little League & LadyHawks Programs Saturday, 1/10/04 - 9am-12pm Kiwanis Park Recreation Center 6111 S. All-America Way Info: 480-350-5200

The above registration period is a joint effort by Tempe Parks and Recreation and the Tempe Little League. Little League continues to coordinate the boys baseball program; representatives from the five Little League associations will be on hand during registration to answer your baseball program questions. Staff from Tempe Parks and Recreation, who will continue to run the girls softball program, will be available to handle your softball program questions.

Spring Break 2004

- In-Line skating p. 14
- NJTL Junior Tennis Camp P. 38

Sports Activities for Youth and Teens

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Ladyhawks Youth Softball

The LadyHawks Youth Softball program has a spot for every skill level, every experience level and offers this fun, instructional program for participants 5-14 yr. olds. Ages are calculated by the age of participant on July 31, 2004. Starting with the JetHawks T-ball program (co-ed), participants learn the basics of softball/baseball mechanics. Our Coach Program & Kid Pitch Program (girls only) completes the 10 & Under skills set, and then young participants (girls only 10-14 yr. olds) may choose to play in either a fast pitch or slow pitch leagues. Whether you prefer a competitive fastpitch game, or the excitement and fun of the lifetime sport activity of slowpitch, LadyHawks Softball has a spot for you. Register early to play with your friends. The softball program will play under the Amateur Softball (ASA) umbrella and ages specified are as of 7/31/04. Guaranteed playing time will continue to be a foundation of the program along with skill development, fun, friendly competition and sportsmanship. Review the following information to find the LadyHawks program that meets your family's needs.

LadyHawk Softball Information:

- Registration begins 12/8 Deadline 3/1/04
- Ages are calculated by the age of participant on 7/31/04
- Fee Assistance is available to Tempe Residents.

LadyHawks Softball Camp; Ages 5-14

Hey future and present LadyHawks! The LadyHawks' Softball Camp is a great way to sharpen your softball skills for the spring season. From t-ball to fastpitch, the four session camp will focus on introductory skills for the young participant, to intense softball skills for the older participant. (This year a special focus area for pitching and catching will be held one hour prior to the skills camp.) Players will work in groups based on age. All participants will receive camp t-shirt.

LHAWK13 (girls) 9-14yrs Sa 1/24, 1/31, 2/7, 2/14 9-11:30am \$50 TSC LHAWK14 (girls) 7-9yrs Sa 1/24, 1/31, 2/7, 2/14 9-10:30am \$35 TSC LHAWK15 (co-ed) 5-7yrs Sa 1/24, 1/31, 2/7, 2/14 9-10:30am \$35 TSC

Pitching/Catching Instruction

Come get professional fast pitch and/or catching instruction in a small group setting. Maximum enrollment is 14 for each skill.

LHAWK16 (girls) 9-14yrs Sa 1/24, 1/31, 2/7, 2/14 8-9am \$35 TSC

LADYHAWKS SOFTBALL LEAGUE

Program Dates:

3/29-6/5 Fast Pitch 12U & 14U 3/29-5/29 T-ball, Coach Pitch, Kid Pitch 4/6-5/29 Slow Pitch (12U & 14U)

Registration deadline: 3/1/04

Late Registration will be accepted through 3/24/04 depending on availability.

Volunteers: Coaches are needed at all levels, FREE training provided.

Coaches Training: 12/13/03

Location: Westside Community Center, 715 W. 5th Street; 10am-2pm. (Call Bobbi 480-350-5267 or Misty:



480-350-5233 to reserve your FREE spot in this informative coaches training.)

Coaches' Organizational Meeting: 2/21/04 2nd Floor, Library Board Room, 7-9pm.

Parents Meeting: One guardian/parent from each household is expected to attend. Additional information given at registration.

Web Site: www.tempe.gov/pkrec/sportspage/Contact: Bobbi Jones, 480-350-5267

Bobbi_Jones@tempe.gov or Misty, 480-350-5233

Misty_Cisneros@tempe.gov

JetHawks T-Ball Softball, Ages: 5, 6 & 7 (co-ed)-The T-Ball Leagues is a non-competitive instructional program to introduce youngsters to the sport of softball. Children will be taught the basics of throwing, hitting, fielding and base running. The first day (3/29) participants should meet at field at the listed time to get team assignment, meet the coach and have their first practice. For Saturday program (4/3), all participants will meet at 9am. The season will start with instructional activities and will move towards controlled scrimmages and game situations. Each field will be staffed with a softball specialist and complemented with volunteer parents.

LHAWK3 5-7yrs T&Th 3/29-5/29 6-7pm \$30 HOL LHAWK4 5-7yrs Sa 4/3-5/29 9 & 10:15am\$15 BEN

LadyHawks Coach-Pitch, Ages 7, 8 & 9 (girls only)

The first day (3/29 or 3/30) participants should meet at field at the listed time to get team assignment, meet the coach and have their first practice. The LadyHawks Coach Pitch Leagues will build on the basics taught in the T-Ball program with the addition of more advanced concepts such as double plays, relay throws and pitching. The format will be a 30-minute practice and a 1-hour instructional game. Teams will meet twice per week with no additional practices held. Each field will have a softball

specialist who will be assisted by volunteer parents. Working with the softball specialist is an excellent way for parents to train for coaching in future years. Experienced/skilled 9 year olds may register for the LadyHawks Pitching Leagues after consultation with Parks and Recreation staff. Please refer to General Information for additional details.

LHAWK5 7-9yrs M&W 3/29-5/29 6-7:30pm \$30 BEN LHAWK6 7-9yrs T&Th 3/30-5/29 6-7:30pm \$30 BEN

LadyHawks Kid Pitch, Ages 9 & 10 (girls only)-The first day (3/29 or 3/30) participants should meet at field at the listed time to get team assignment, meet the coach and have their first practice. The kid-pitch division emphasis on skill development, especially pitching and catching. Each field will have a softball specialist to serve as team coach. The coaches will be assisted by volunteer parents. Teams will have a short skill development session before each game and will play two games per week.

LHAWK7 9-10yrs M&W 3/29-5/29 6:30-8pm \$30 BEN LHAWK8 9-10yrs T&Th 3/30-5/29 6:30-8pm \$30 BEN

LadyHawks Fast Pitch Softball (girls only; ages as specified on 7/31/04)-All games will be played at Kiwanis Park (KIW) or Daley Park. The lower division will play on Tuesday and Thursdays and the upper division will play on Mondays and Wednesdays. Games will start at 6 & 7:30 PM. All efforts will be made to be finished by 9pm. The LadyHawks Fast Pitch Leagues are aimed at the young athletic bent on playing competitive middle school, club, high school and possibly college softball. All teams will play 16 league games and compete in a season ending double elimination tournament.

Fee: \$55. Fee Assistance available for Tempe Residence Players may be placed on teams in the following ways:

- 1. A head coach may recruit and enter a team of up to 12 players.
- 2. Players may request placement on a coach's team, with approval from coach.
- 3. Players who have not played at this skill level must consult with Parks and Recreation staff to determine whether the player should pursue a fast pitch or slow pitch league.

LHÄWK9 10-12yrs T&Th 3/30-6/5 6 & 7:30pm KIW LHAWK10 12-14yrs M&W 3/29-6/5 6 & 7:30pm KIW

LadyHawks Slow Pitch Softball (girls only)-The slow pitch game removes the frustration of pitching technique and removes the fear of batting against the fast pitch. The game becomes based on hitting and defensive skills. Slow pitch softball is a lifetime leisure opportunity. Age groups will not be mixed. If minimum registration (48 players/division) is not met by Mar 12, league will be canceled. Encourage your young softball player to try LadyHawks Slow Pitch Softball. Teams will play 12 league games and a single elimination season ending tournament. Tempe Parks & Recreation will recruit volunteer coaches.

Players may be placed on teams in the following ways:

- 1. Each coach may recruit an entire team of up to 12 players.
- 2. Players may request placement on a coach's team with coach's approval.
- 3. Players may request to play with neighbors and friends.
- 4. Parks & Recreation will assign players to teams based, as much as possible, on middle school boundaries within the city limits of Tempe.

LHAWK11 10-12yrs T&Th 4/6-5/29 6 & 7:30pm \$38 DAL LHAWK12 13-15yrs T&Th 4/6-5/29 6 & 7:30pm \$38 DAL

Activities for Teens



Arts, Dance & Music	480-350-5287
Belly Dance	See page 21.
Ceramics I	See page 12.
Ceramics-Throwing	See page 12.
Floral Design	See page 21.
Guitar	See page 21.
Hip Hop & Jazz	See page 13.
Vocal	See page 13.

Visual Arts

Basic Beading 480-350-5201-Learn how to make a "professional looking" necklace or bracelet using crimps and clasps. Make one for yourself, a friend or a family member! All materials will be provided. Fee: \$22.

KBBT-1A 13-17yrs Sa 2/21 1-3pm KRC

Stretchy Rings 480-350-5201-Learn how to make stretchy rings. Make several for yourself or as gifts. All materials provided. Fee: \$17.

KSRT-1A 13-17yrs Sa 1/24 1-2pm KRC

General Interest

American Red Cross Babysitting Course 480-350-5201-Learn how to properly care for small children, including accident prevention, feeding/dressing and CPR/first aid. Bring a non-perishable sack lunch. Fee: \$43.

Bring a non-perishable sack funch, ree: \$43.					
KBBT-1A	11-16yrs Sa	2/21	9am-3pm	KRC	
ZARB-1A	11-15yrs Sa	3/6	9:30am-5pm	ESCA	
KBB1-2A	11-16yrs Sa	3/13	8:30am-2:30pm	KRC	
KBB1-3A	11-16yrs Sa	3/20	8:30am-2:30pm	KRC	

Health Sports & Exercise

Climbers Camp for Teens-480-350-5200-Build self-confidence while enjoying the excitement and challenge of rock climbing in an indoor safety oriented environment. You will learn climbing, bouldering, rappelling, belaying and safety awareness. Fee: \$29.

CCTY-1A 11-15yrs F 1/23-2/13 6:30-8:30pm CL CCTY-2A 11-15yrs F 2/20-3/12 6:30-8:30pm CL

Judo-480-350-5200-An Olympic sport, Judo is a form of grappling, throwing and self-defense. Techniques are indicative to many styles of Jujitsu; traditional martial arts for beginning and intermediate students. Sweats are recommended. *No class 1/19 & 2/16 Fee: Adult \$40/Youth \$20.

EJUM-1A 13yrs+ M 1/12-4/12 7-8:30pm LIB EJUM-2A 13yrs+ Sa 1/17-4/17 10-11:30am CRC

Karate-480-350-5200-Join this traditional martial arts class for beginning and intermediate students. Sweats are recommended. Fee: Adult \$40/Youth \$20.

EKAM-1A 13ys+ Sa 1/17-4/17 11:35am-1pm CRC

Karate 480-350-5201-Increase flexibility and strength, relieve stress and have fun! Learn the self-defense art of Hawaii Kenpo from Hall of Fame Instructor Jack Wimbish. Uniform, belt and school patch available first day of class for \$35 (required). New student orientation at 5:30pm on first day of class. This is an on-going program with room for belt rank advancement (there are belt-testing fees). Fee: \$50.

KKAR1-3A 12yrs+ T/Th 1/6-1/29 6-7:30pm KRC KKAR2-3A 12yrs+ T/Th 2/3-2/26 6-7:30pm KRC KKAR3-3A 12yrs+ T/Th 3/2-3/30 6-7:30pm KRC Activity Dates: Classes begin the week of January 12th unless otherwise noted within class description. Holiday: January 19 & February 16 Make up: March 8 & 15 See page 2 for Code of Location Abbreviations.

Discover SCUBA-480-350-5200-So you think you might want to learn to SCUBA dive. Here is your chance to "test the waters". This two-hour introduction to SCUBA will give you a hands-on look at what the sport is all about. You will learn to use the equipment and how to be safe in the water. You will also find out how you can be certified. Wear your swim suit, bring a towel and get ready for some fun! Fee: \$26.

GKDS-1A 12-15yrs T 1/27 4-6pm OCP GKDS-2A 12-15yrs Th 2/12 4-6pm OCP

Martial Arts of the Peaceful Warrior-480-350-5200-This system of martial arts is based on principles of jujitsu, karate, aikido and street defensive techniques. Emphasizes the importance of non-violence. Family participation is encouraged. Fee: \$18.

EKAM-3A 6yrs+ Sa 1/17-3/6 1-2:20pm PAC EKAM-4A 6yrs+ Sa 1/17-3/6 2:25-3:50pm PAC

Martial Arts Advanced 480-350-5200-You must have completed at least one session of Martial Arts of the Peaceful Warrior and have permission of the instructor. Fee: \$18.

EKAM-5A 8yrs+ Th 1/15-3/4 7-8pm LIB

Activities for Teens at the Escalante Community Center

Escalante Project Quest-This program offers Junior High students, ages 11-13, adventure and educational opportunities for growth! Be a part of the winter excitement! Fee: None.

1/17 ASU Wrestling 5-8pm 2/20 ASU Gymnastics UNO's Classic 6-8pm

Escalante Club Brio Teen Nights-Teens, ages 13-18, will create memories by participating in social events and unique, non-traditional sports activities in a club atmosphere. If you're interested in joining, stop in to Escalante Community Center. Upcoming events include:

 1/10
 ASU Men's Basketball
 5:30-9pm
 \$1

 2/19
 AMC Movie Night
 5-9pm
 \$1

 3/16
 Spring Break Ski Trip
 6am-9pm
 \$25

Monday Night Movies-Kick back with your friends while enjoying some of your favorite movies. 5 nights only: 1/12; 1/26: 2/9: 2/23 & 3/8. Fee: None.

ZMNM-1A 13-18yrs M 6-8:30pm ESCA

Above the Rim-Show us your skills in teen open gym. Play is montiored and timed with a set of rules to ensure positive play. Drop-in program.12 weeks: 1/13-4/1. Fee: None.

ZRIM-1A 13-18yrs T/Th 4-5:15pm ESCA

Hip Hop Dance-Do you want to learn the latest moves so you can groove at the next school dance? Do you just want to come out and have a good time while learning the hottest hip-hop moves? This class will combine hip-hop with the most modern and up to date dance moves. Come join us and have a good time while dancing. An instructor will lead this class. 8 weeks: 1/13-3/2. Fee: None.

ZHHD-1A 12-18yrs T 5:30-6:30pm ESCA

Teens in the Kitchen-Ready to learn the secrets of the kitchen? Learn to make dishes from around the world in this fun-filled four-week class. Each week will focus on a different dish and what it takes to make it a success! Space is very limited so sign up now. 4 weeks: 1/13-2/3. Fee: None.

ZTIK-1A 14-18yrs T 6:30-8pm ESCA



Picture Perfect-Do you have any pictures laying around or collecting dust in a box? Maybe you have a photo album that is dull and you want to update it. Join us in learning how to create an applealing scrapbook that you will want to show to all your friends and family! Class is led by an instructor. 8 weeks: 1/14-3/3. Fee: None.

ZPPF-1A 11-18yrs W 4-5pm ESCA

ZPPF-1A 11-18yrs W 4-5pm ESCA

Want to be a Lifeguard?-This trip to Kiwanis Wave Pool
will be establishing the foundation for good work skills

want to be a Liteguard?—This trip to Kiwanis Wave Pool will be establishing the foundation for good work skills and responsibility. This workshop is intended to give the participant an understanding of the duties and responsibilities of a lifeguard. A special demonstration by the Kiwanis Lifeguards and participation in life saving techniques will be included. Bring your swimsuit and towel. Fee: None.

ZWLF-1A 11-18yrs Th 3/11 5-7pm ESCA